

# ishga











SPA MENU

Indulge Relax Unwind

### **STARTERS**

Homemade soup of the day (V)

Chicken liver parfait,
Arran oaties, onion marmalade

# **MAINS**

Cold poached Shetland salmon, new potatoes, garden salad

**Dunbar lobster macaroni,** *mature cheddar sauce* 

Gnocchi (V)
butternut, spinach, pesto

# **Greek salad**

Chargrilled chicken breast Caesar salad, marinated anchovies, shaved parmesan, garlic croutons

Superfood salad,

broccoli, edamame beans, dried cranberries, butternut, quinoa, sunflower seeds and gem lettuce

### **DESSERTS**

Vanilla crème brulee, butter shortbread

Warm chocolate brownie, vanilla ice cream

If on a spa package please choose 2 courses. Why not add a third course for £5.95?

SOFT DRINKS	Pint	Half
Draught Cola	£3.60	£1.80
Draught Diet Cola	£3.60	£1.80
Draught lemonade	£3.60	£1.80
		25ml
Appletiser		£2.50
Coca Cola	•••••	£2.50
Diet Coke		£2.50
Fanta	•••••	£2.50
Fevertree Bitter Lemon	•••••	£2.50
Fevertree Ginger Ale		£2 E0
Fevertree Ginger Beer	•••••	£2.50
Fevertree Lemonade	•••••	£2.50
Fevertree Mediterranean	•••••	£2.50
Fevertree Slimline Tonic	•••••	£2.50
Fevertree Tonic	•••••	£2.50
RN BRU Diet	•••••	£2.50
RN BRU	•••••	£2.50
J2O Apple and Mango	•••••	£2.25
J2O Apple and Raspberry	•••••	£2.25
J2O Orange and Passionfruit	•••••	£2.25
Red Bull	•••••	£2.95
Red Bull Sugar Free	•••••	£2.95
Strathmore Still Water		£2.25
Strathmore Sparkling Water		£2.25
Strathmore Still Water		£2.25 £3.50
Strathmore Still Water Strathmore Sparkling Water HOT DRINKS		£3.50 £3.50
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee  Breakfast Tea  Cappuccino		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee Breakfast Tea Cappuccino Double Expresso		£3.50 £3.50 £3.25 £3.50 £7.50 £2.60 £3.70 £3.50 £2.80
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee  Breakfast Tea  Cappuccino  Double Expresso  Expresso  Flavoured Tea		£3.50 £3.50 £3.25 £3.50 £7.50 £2.60 £3.70 £3.50 £2.80
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee Breakfast Tea Cappuccino Double Expresso Expresso Flavoured Tea Hot Chocolate		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.80 £2.75 £3.80
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee  Breakfast Tea Cappuccino Double Expresso Expresso Flavoured Tea Hot Chocolate rish Coffee		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.75 £3.80 £7.50
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee  Breakfast Tea Cappuccino Couble Expresso Expresso Flavoured Tea Hot Chocolate rish Coffee Cahlua Coffee		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.75 £3.80 £7.50
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee Breakfast Tea Cappuccino Double Expresso Expresso Flavoured Tea Hot Chocolate rish Coffee Cahlua Coffee Latte Macchiato		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.75 £3.80 £7.50 £7.50 £3.70
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1 Amaretto Coffee Breakfast Tea Cappuccino Double Expresso Expresso Flavoured Tea Hot Chocolate Irish Coffee Kahlua Coffee Latte Macchiato Mocha		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.75 £3.80 £7.50 £7.50 £3.70 £3.80
Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee Breakfast Tea Cappuccino Double Expresso Expresso Flavoured Tea Hot Chocolate rish Coffee Cahlua Coffee Latte Macchiato Mocha Scotch Coffee		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.75 £3.80 £7.50 £3.70 £3.70 £3.70 £3.70
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Strathmore Still Water Strathmore Sparkling Water  HOT DRINKS  Americano Americano Caffettiera for 1  Amaretto Coffee Breakfast Tea Cappuccino Double Expresso Expresso Flavoured Tea Hot Chocolate Irish Coffee Kahlua Coffee Latte Macchiato Mocha Scotch Coffee Tia Maria Coffee		£3.50 £3.50 £3.50 £3.50 £7.50 £2.60 £3.70 £3.50 £2.75 £3.80 £7.50 £3.70 £3.70 £3.70 £3.70
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