



Spa Treatments

Massage

ishga Invigorating Full Body Massage (55 mins) £75

This invigorating treatment works by combining marma massage, lymphatic drainage and traditional Swedish massage techniques. It is designed to detox and balance the body. The seaweed-based body oil nourishes and protects the skin.

ishga Hot Poultice Massage (55 mins) £80

A combination of traditional massage and innovative new techniques using heated sea salt and seaweed granule filled poultices. At the end of your treatment, you will be given a poultice to take away and use as a detoxifying seaweed bath experience at home.

ishga Deep Tissue Techniques (55 mins) two target areas £87 (80 mins) three target areas £95

- Back neck and shoulders
- Back of legs
- Front of legs
- Arms and décolleté

Dunkeld Spa Full Body Massage (45mins) £60

A traditional massage designed to ease tension, relieve stress and promote a general sense of well-being. Your therapist can adapt pressure to suit your needs.

Ishga Marine Back Treatment (55 mins) £75

The ultimate back facial designed to rejuvenate and exfoliate, while treating any congestion and reveal a brighter and smoother skin. Ideal for skin concerns such as acne on the back, dryness or skin conditions and for muscular aches and pains. A massage of the back and legs is also included to send you to a place of peace and relaxation.

Indian Head Massage (45mins) £60

Using eastern massage techniques to relieve stress from the tissue, muscles and joints of the neck, shoulders and head.

Body & Feet

ishga Detoxifying Seaweed Body Wrap (55 mins) £65

A powerful Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub. The treatment is designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone.

ishga Luxurious Seaweed Foot Experience (55 mins) £65

Transform and re-energise tired, achy feet. Begin with a soothing foot bath filled with nutrient rich salts and pure essential oils. As you sit back and relax, the skin on your feet and lower legs will be softened with our indigenous Scottish seaweed foot scrub, followed by a relaxing foot massage to hydrate and nourish the skin and then a detoxifying seaweed gel mask will be applied. Nails shaped, cuticles conditioned and finished with your choice of nail polish or shiny buff.

ishga Seaweed Bath (30 mins) £30

A unique Scottish experience where you can relax in fresh, hand harvested seaweed from the Hebridean coast. Unwind in a hot bath infused with mineral sea salts containing over 85 natural trace minerals and pure Scottish seaweed. Here in Scotland we have been enjoying the benefits of seaweed from the Scottish islands for hundreds of years.

Naturally healing, moisturising and anti-ageing, it is rich in vitamins, minerals and anti-cellulite properties. An experience we guarantee you will remember forever.



Spa Treatments

Express Treatments

ishga Express Massage (30 mins) £50

A massage focusing on the back, neck and shoulders to target areas of tension, release everyday stress and relax the nervous system. Our seaweed body oil regenerates, firms and nourishes the skin. Your therapist can adapt pressure to suit.

ishga Salt and Oil Scrub (30 mins) £50

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

Hot Poultrice Back Massage (30 mins) £50

A combination of traditional massage and innovative techniques using heated sea salt and seaweed granule filled poultices to relax the muscle and detoxify and regenerate the skin.

ishga Foot Recovery (25 mins) £30

Relax as your feet and lower legs are scrubbed with our Scottish seaweed foot scrub. This is followed by a wonderful relaxing foot massage with our detoxifying seaweed based lotion.

To Book

Contact the spa directly:
Call 01350 728372
or dial 372 from your room
or email leisure@dunkeldhousehotel.co.uk

Opening Hours

Monday - Sunday 10am to 9pm
(last entry at 8pm)

Hand & Foot Treatments

GELeration Manicure (60 mins) £50

GELeration Pedicure (60 mins) £50

Existing GELeration Removal (30 mins) £10

Luxury Manicure (55 mins) £55

A deep exfoliation with heated mask treatment followed by luxurious hand massage. Nails and cuticles are nourished and conditioned to ensure the best finish to your chosen colour.

Luxury Pedicure (55 mins) £55

A deep exfoliation with heated mask treatment followed by luxurious foot massage. Nails and cuticles are nourished and conditioned to ensure the best finish to your chosen colour.

File and Polish - Finger or Toes (45 mins) £40

Cuticles conditioned, nails shaped and finished with your chosen colour.

Waxing

Using only the finest resins, natural ingredients and aromatherapy oils, Lycon delivers superior performance, removing hair as short as 1mm.

Full Leg £30

Full Leg and Bikini £40

Half Leg Wax £25

Bikini £25

Brazilian £45

Hollywood £45

Under Arm £25

Eyebrow £15